



**THE CENTER**  
of HIGHLAND FALLS

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## Calendar for Older Adults Survey

### PLEASE PRINT AND RETURN FORM TO:

The Center of Highland Falls, PO Box 197, Highland Falls, NY 10928

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone #: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

The Town of Highlands Senior Advisory Council, The Center of Highland Falls, Inc, and the Church of the Holy Innocents are developing the 2026 Calendar for Older Adults and would appreciate your input.

Please take a few minutes to indicate your interest and possible participation in community activities and events.

Preference of day(s) to attend events/activities  
(Indicate 1st, 2nd, 3rd choices)

- \_\_\_ Tuesday 1 PM - 3 PM
- \_\_\_ Tuesday 5 PM - 7 PM
- \_\_\_ Friday 10 AM - 12 PM
- \_\_\_ Friday 6 PM - 8 PM
- \_\_\_ Saturday Morning 9 AM - 11 AM
- \_\_\_ Sunday Afternoon
- \_\_\_ Other: \_\_\_\_\_

I would attend presentations by:

- ☐ Alzheimer's Association
- ☐ Orange County Office for the Aging
- ☐ Mental Health & Stress Management
- ☐ Other/My Suggestions:

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I would attend trips to:

- ☐ Casino
- ☐ Local Theatre ( ie. Stony Point)
- ☐ Radio City Music Hall
- ☐ Sight & Sound, Lancaster, PA
- ☐ Danbury Mall
- ☐ 3-Hour Boat Ride
- ☐ 4 - 6 Day Cruise from NYC/ NJ
- ☐ Professional Sports Game
- ☐ Broadway
- ☐ Amtrak Trip
- ☐ 4 - 6 Day Motorcoach Ride/Hotel

Suggested Destination(s):

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- ☐ Other/My Suggestions:

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## Calendar for Older Adults Survey (continued)

I would be interested in the following activities:

- ☐ Pocketbook Bingo
- ☐ In-house Movies with Lunch or Dinner
- ☐ Wine & Cheese Social
- ☐ Dinner Party
- ☐ Bingo for Prizes
- ☐ Football/Tailgate Party
- ☐ Chair Exercise
- ☐ Yoga
- ☐ Other/My Suggestions:

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Additional Information:

Age: \_\_\_\_\_

Gender: \_\_\_\_\_

- ☐ Single
- ☐ Married

- ☐ I Travel Alone
- ☐ I Travel With One Other
- ☐ I Travel With More Than Two

Special Needs: \_\_\_\_\_

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Comments: \_\_\_\_\_

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**THANK YOU FOR YOUR TIME AND RESPONSE!**